



CASS ARCTIC CHALLENGE

The Location: 150km north of Arctic Circle

The Date: 7th – 12th Mar 2019

The Mission: Survive 24 hours in the Arctic Wilderness

Ready for a real challenge?

Would you like to push yourself in a very real harsh environment?

A non-refundable £700 deposit is due by the 9 December 2018: <https://estore.city.ac.uk/product-catalogue/course-exam-fees/field-trips/mba-artic-challenge-leadership-expedition>

In case we do not reach minimum number and cancel, you will be refunded.

Our ultimate goal is to survive 24 hours in the Arctic wilderness. We'll camp 150km north of the Arctic Circle carrying all our kit. Before we head into the wilderness we'll learn all the skills we'll need. We'll be moving on snowshoes which allows us to get into the depths of the pristine environment. You don't need any experience, our expert guides are with all the way and you'll learn loads of new skills.



Our base in the Arctic is a remote wood cutters lodge. There is no running water or electricity! It's back to basics: water comes from breaking the ice in the river and we use the sauna for washing each day. Daily chores are an integral part of the experience!

All specialist equipment is included.

Itinerary:

Day 1: Flights to Kittila (Northern Finland)

Arrive late evening

Day 2: Orientation

Safety Briefing

Cold Weather Briefing

Outdoor session – Safety procedures

Lunch

Outdoor sessions – fire starting, movement on deep snow.

Dinner

Sauna

Day 3: Prep for overnight

Depart for overnight expedition

Erect tents

Prep dinner

Day 4: Break camp

Snow shoe to lodge

Sort equipment

Dinner

Sauna

Day 5 CSR Day in National Park

Optional visit to Ice Hotel

Day 7: Depart for UK

Costs: £1600 + flights

- Based on a minimum group of 12 participants

Included: all in-country transfers, catering, specialist equipment hire*, all tuition, accommodation.

*Arctic Sleeping Bags, Inflatable Mats, Arctic Mitts, Down Jacket, Snowshoes.

Not included: flights, travel insurance, extra excursions.